



# **Shadow Work<sup>®</sup>**

## **Seminar**

**March 9-11, 2012**

1230 Liberty Bank Lane Suite 210  
**Louisville, KY**

**Facilitated by Becky Schupbach and Jeff Baugher**

Shadow Work<sup>®</sup> invites you to discover parts of yourself you have hidden or denied. By bringing these parts out of shadow in a safe, experiential setting, you can unlock the power of your true self, with all your gifts and strengths – even those you may have unconsciously disowned.

**On a Shadow Work<sup>®</sup> weekend, we activate and explore four powerful archetypal energies:**

*Magician* – helps us gain perspective, figure out new solutions, and transform old patterns

*Sovereign* - connects us to our life's purpose; allows us to lead, to bless, and to support

*Lover* – opens us to feelings and the wisdom of our bodies; lets in love; stimulates creativity

*Warrior* – activates the ability to set healthy boundaries, to focus, and to deal with money

**Comments about Shadow Work<sup>®</sup> Seminars facilitated by Jeff Baugher & Becky Schupbach**

*"I won't forget this, ever. It has been the transforming event of my life. I would not have believed it possible."* B.A.

*"As facilitators, you guys were awesome. You hold and carry so much peace and acceptance that how could I **not** feel safe to do my work?"* M.O.

*"The weekend was great for me! I felt safe and cared for by the participants and facilitators. You are very skilled and work well together."* A.M.

*"Fantastic - Words can't express the profound work I experienced. They (the facilitators) are both truly a blessing. Thank you."* M.R.



During the weekend, we offer a series of visualizations, exercises, and processes designed to allow you to explore and change behavior patterns. We believe that you can experience profound healing and transformation through witnessing and supporting the work of other participants as well as through your own work.

## THE FACILITATORS



**Jeff Baugher** is a Certified Shadow Work® Group Facilitator and Shadow Work® Coach since 2003, and has been active in men's work since 1992. He has served as a Director on the Board of the Mankind Project of KY, Inc., and as a facilitator for New Warrior integration group trainings. Since 1996, he has operated a consulting firm helping clients understand the cycles of their life or business via consultations, workshops, and classes. Jeff holds a Masters Degree in Electrical Engineering, and has worked as a project engineer for both Eastman Kodak and the U.S. Navy.



**Becky Schupbach** is a Certified Shadow Work® Group Facilitator since 2003 and a Certified Shadow Work® Coach. She has been actively involved in inner growth work since 1998. She is the Executive Director for Women In Power. She completed her Woman Within weekend in 1999. Becky participated in Women In Power and Priestess Path with ALisa Starkweather. She is a facilitator for Women Within and guides Empowerment Circles. A practicing attorney since 1981, Becky also exhibits her handmade frameworked glass jewelry in various galleries and art fairs.

**Schedule:**

|          |          |                               |
|----------|----------|-------------------------------|
| Friday   | March 9  | 6:00pm - 10:00pm Eastern Time |
| Saturday | March 10 | 9:00am - 6:30pm               |
| Sunday   | March 11 | 9:00am - 4:00pm               |

**Cost:** \$295 (if deposit paid by 2/9); \$345 (if deposit paid after 2/9). Advance registration required.  
(The seminar is non-residential; you are responsible for your own lodging and food. Snacks and drinks will be provided.)

**Information:** Jeff Baugher at 502-459-4690 or [jeff@ArchetypalArts.com](mailto:jeff@ArchetypalArts.com), or [www.shadowwork.com](http://www.shadowwork.com)  
(After receipt of your registration, we will send you an information packet.)

**Send registration with either a \$100 non-refundable deposit or the full fee to:**  
**Archetypal Arts, LLC 1701 Windsor Place Louisville, KY 40204**

Check or charge card (MasterCard, VISA) accepted

ShadowWork Seminar Registration 3/9/12

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Amount paid \_\_\_\_\_ Visa/MC \_\_\_\_\_ exp. \_\_\_\_\_ Signature \_\_\_\_\_

**Call for a free copy of "ShadowWork Basics," an audio CD that discusses the 'shadow' and ShadowWork®.**

